




BEAT THE COVID STRESS

GOVT.
COLLEGE OF
EDUCATION

ABOUT US

<u>DATE</u>	<u>NATURE OF SERVICES RENDERED</u>
25 th January 2020	Dual celebrations for Republic Day and National Voter's Day
	 <p>Report on Republic Day and National voters Day:</p> <p>An offline event was celebrated for Republic Day and National Voter's Day on 25th January, 2021 in the College premises. The program was organized to generate the spirit of nationalism and awareness towards the voting rights among the younger generation. To bring back the smiles of thousand people during these tough times, various activities were organized.</p>
15 th April 2020	Awareness programme on COVID-19, its prevention and control



Report on Awareness Program:

To strengthen the awareness on COVID-19; its prevention and control , GCOE conducts first ever online programme on 15th April 2020. Dr. Kulwinder Kour (Principal of GCOE) highlighted the importance of this awareness programme and said that the Coronavirus outbreak has made its way into the state of Texas. Maintaining awareness and vigilance is crucial as the number of outbreak cases reported in our nation grows.

She also stated that community is an integral part of our university and city. As responsible members of this community, we must take precaution—not just for our sake, but for others as well. Since there is no current vaccine for the Novel Coronavirus, staying informed is critical for preventing the spread of this illness.

28th April
2020

Awareness through Poster Campaigns, Educating Locals



Report on Awareness Program:

It's one thing to be able to articulate what sustainability means, and it's another thing to be able to communicate our ideas through visual design, but this poster design does both. Poster campaigns were organized on 28th April 2020 to raise awareness about COVID-19 pandemic.



The students spoke to the locals about their worries and educated them about the importance of wearing masks when they step out of the homes, proper washing of hands, social distancing and other measures. The residents appreciated the efforts and were very pleased with the bold gesture that the students made during these challenging times.

10th July
2020

First ever International Faculty Development Programme
1st -10th July 2020



Report on FDP:

Engaging learners during the COVID-19 pandemic is a significant challenge for educators. To enhance technical and professional competency as well as organizing skill of the faculty members, the first ever International FDP (Faculty Development Programme) was organized on 10th July 2020 by Government College of Education in collaboration with Grand Academic Portal, Gujarat and Hindu University of Indonesia, Bali on the theme, Creativity, Innovation and Institution Building.

Commissioner Secretary Higher Education Department Mr. Talat Parvez Rohella, Dr. Sangita Nagari (Ex- Principal GCOE), Dr. Kulwinder Kour, the present Principal of the College of Education gave their worthy presence.

17th July
2020

Creativity Programme to Motivate the students to understand the importance of mask as an essential



Report on Creativity Program:

Encouraging the students to express their thoughts, feelings and creativity through the various art forms. The college came up with a creative idea of promoting masks. A MASK MAKING COMPETITION, themed #AapkaMaskAapkiPechaan was organised. The activity took place on 17th July 2020 under the guidance of Dr. Kulwinder Kour, Dr. Shubhra Jamwal. In the end there were 20 participants who showcased their amazing masks including teachers.

28th July
2020

To highlighted the importance of nature in our lives, World Nature Conservation Day was celebrated



Government College Of Education, Jammu



NSS UNIT PRESENTS

PLANTATION DRIVE

ON

WORLD CONSERVATION DAY



Report on World Nature Conservation Day:

On 28th July 2020, World Nature Conservation Day was celebrated by GCOE, to highlighted the importance of nature in our lives. The day gives us an opportunity to raise awareness about the conservation of nature and encourage sustainability. During the pandemic, most of the people realized the importance of saving nature.

18th
August
2020

The Productivity Enhancement Programme (PEP), a six day (18th-23rd August 2020) special programme designed to increase the productivity of faculty members (on online) learning of the Higher Education Department

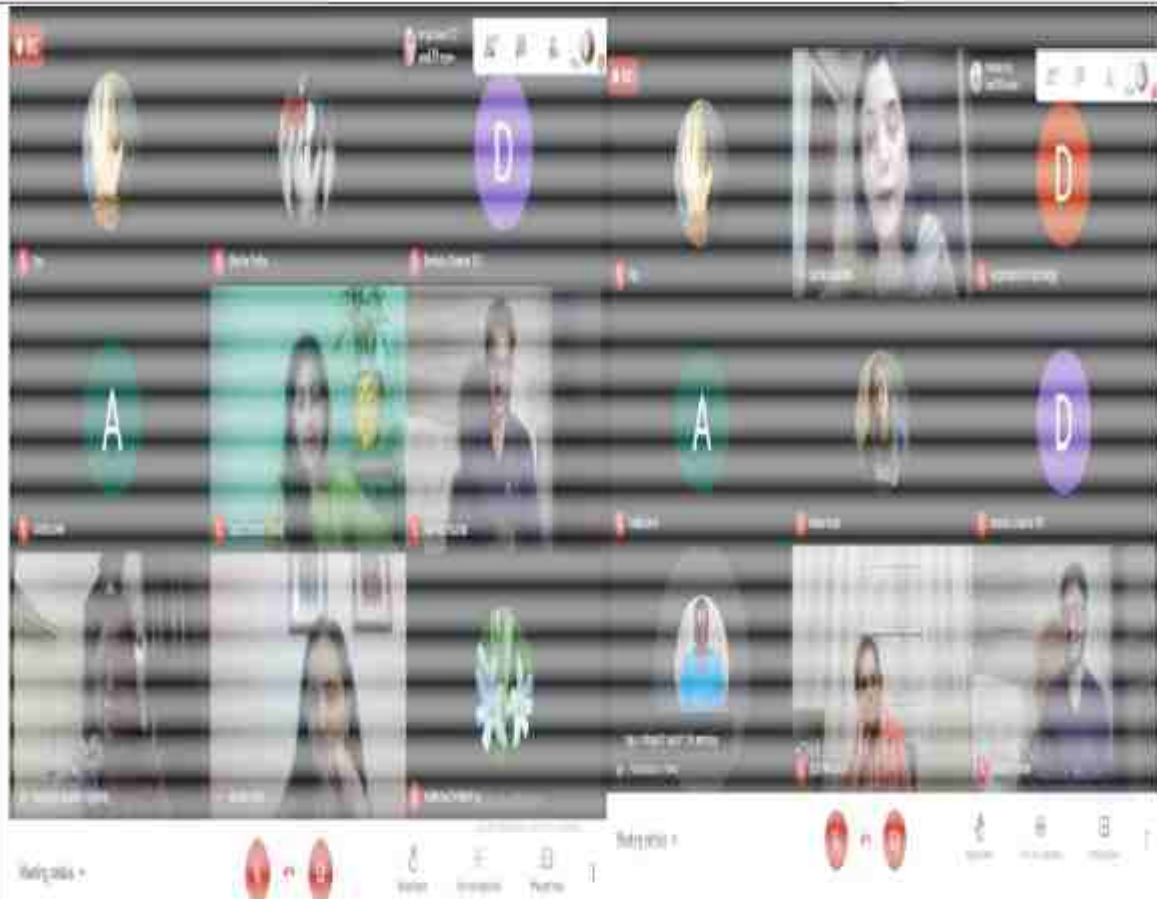


Report on PEP:

The pandemic has propelled the popularity of online learning with Google Classroom being widely used by educational institutions as a remote learning platform. The Productivity Enhancement Programme (PEP), a sixday (18th-23rd August 2020) special programme designed to increase the productivity of faculty members (on online) learning of the Higher Education Department concluded at the Govt. College of Education, Jammu. Commissioner Secretary Higher Education Mr. Talat Parvez Rohella is the first person to bring in this change in the minds of teacher fraternity through this programme.

19th
October
2020

Workshop entitled “Destress Yourself” organized in order to make a stress free environment during the pandemic



Report on workshop:

Workshop entitled “Destress Yourself” about stress management in COVID-19 pandemic times on 6th-7th August 2020 was organized to break the hold stress in life to make it healthier, happier, and more productive.

The Government College of Education Jammu established in 1954, has been constantly moving forward. It is the only government educational institution imparting teacher education in Jammu region. The college offers B.Ed and M.Ed (02 year) courses with the intake capacity of 200 and 29 respectively. Three year B.Ed-M.Ed integrated course after P.G has been started this year. Right from its inception the college has been a Hub of academic, socio-cultural and intellectual activities. It always stood strong and high to prepare its stakeholders to embrace broad educational outlook and is striving hard towards excellence both in human resource development and infrastructure.



The college as a team consists of staff and students along with other stake holders. It upholds itself as a model to impart social values besides teaching learning process. It is rendering excellent service to the cause of student's community in general and the cause of women empowerment in particular by marking its presence on the boards of merit in the university examination results, co-curricular activities and sports. Now, it is a constituent college of Cluster University Jammu. The college provides ample opportunities to its students to identify and explore their talents in the areas of interest through in house competitions and also in other institutions. The students are encouraged to become members of various clubs and students bodies. The J&K state with its diversities of all shades and colours, considers the requirement of the students and thus provides platform for constant interaction between the students and the faculty working in various colleges and universities for growth of higher education. The college encourages sharing of facilities and infrastructure to other organisation viz. University examinations, IGNOU, BOPEE, PSC, UPSC, SSC, RRB, Bank and other examinations conducted by the government agencies. It also facilitates the implementation of centrally sponsored schemes, provides trainings and thereby enriches the fiduciary relationship between teacher and taught leading to growth of the society.

NSS TEAM



Dr. Kulvinder Kour (Principal), Dr. Shubhra Jamwal (Programme Officer), Prof. Seema Kumari (Member), Prof. Shapia Shameem Bhatti (Member), Prof. Sarita Dogra (Member)

Mr. Ajay Bahu, Mr. Ravinder Kumar, Ms. Shikha Padha, Mr. Jasvir Manhas, Mr. Madan Lal, Ms. Neeru Kesar, Ms. Diksha Devi, Ms. Suvidha Sambyal, Ms. Ambica Mishra, Mrs. Aakriti Kour, Ms. Charu Manhas, Mr. Sourav kumar, Ms. Komal Gupta, Ms. Heema and Ms. Sanreeti Verma